

## make this yummy salad for your memorial day bbq!

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Heading to a [Memorial Day](#) barbecue this weekend? Bring this easy-to-make Fiesta Veggie Salad with you!

This [healthy](#) (and colorful!) dish, from nutritionist [Franci Cohen](#), packs major flavor and will be a huge hit.

### *Salad ingredients:*

1 can black beans, rinsed and drained  
4 ears fresh corn on the cob, cooked and shucked  
1 red onion, diced  
2 jalapeño peppers, seeded and finely chopped  
2 hass avocado, cubed  
1 red bell pepper, finely diced  
1 yellow bell pepper, finely diced  
1/2 cup cilantro, finely chopped  
2 cups mesculin greens

### *Dressing ingredients:*

1/4 cup low-fat mayonnaise  
1/4 cup water  
2 tablespoon Dijon mustard  
2 tablespoon balsamic vinegar  
1 tablespoon finely minced thyme  
salt and pepper to taste

### *Directions:*

1. Mix all salad ingredients together
2. Whisk dressing ingredients together until well-blended.
3. Pour dressing on salad and serve on a bed of mesculin greens!

